



PRETORIA COUNTRY CLUB



## PRETORIA CLUB

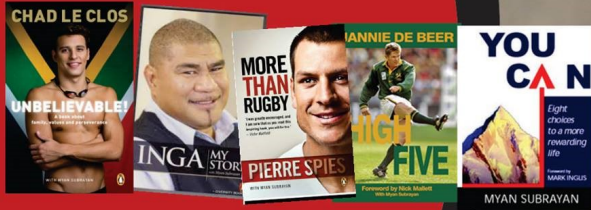
MONTH-END LUNCH ON 23 FEBRUARY 2018

12H30 FOR 13H00

WITH AN AFTER LUNCH TALK

MY MR MYAN SUBRAYAN

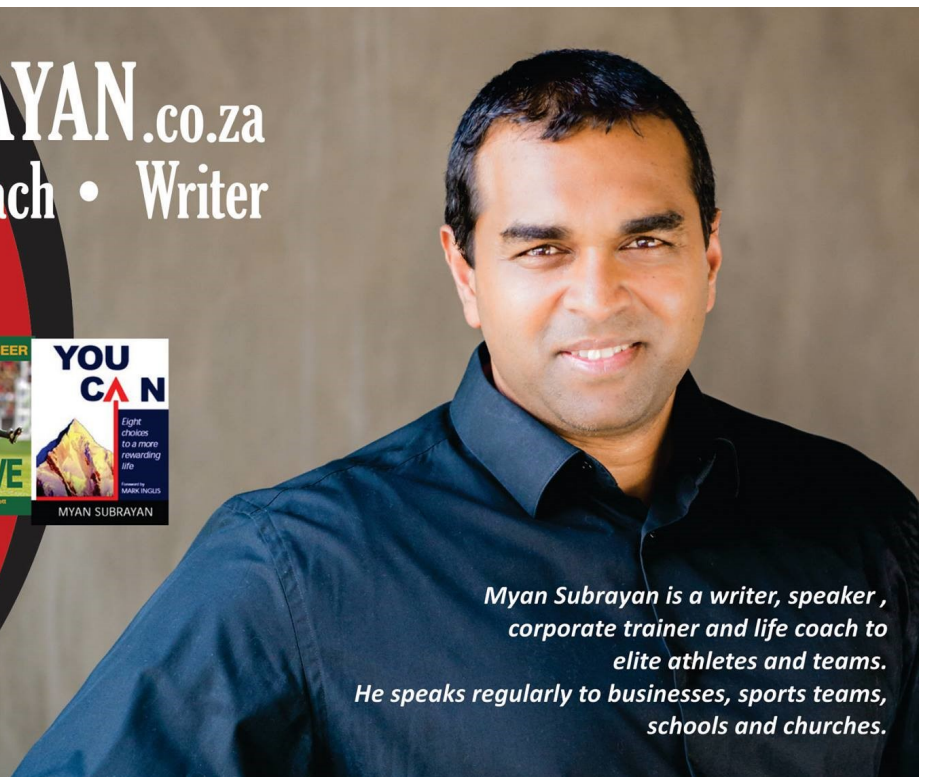
**MYAN SUBRAYAN.co.za**  
Speaker • Life Coach • Writer



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*Myan Subrayan is a writer, speaker, corporate trainer and life coach to elite athletes and teams. He speaks regularly to businesses, sports teams, schools and churches.*

### MENU

**STARTER:** Roast Beef, Cheddar, Horseradish & Corn Tartlet

**MAIN:** Moroccan Chicken Breast with a Spiced Veg Couscous

**DESSERT:** Deconstructed Pavlova

Cash bar available

Cost: R 185 for Pretoria Club & PCC members and

R200 for visitors

BOOK WITH STASSY BEFORE 09H00 ON 23 FEBRUARY:

012 460 6242/3/4/5

Myan Subrayan is a speaker, writer, and business advisor, working with elite sportsmen & professional teams as a life coach. Myan began motivating the Lions Rugby franchise in Jan 2013 after they were relegated from Super Rugby. From the feedback he has received the team and management acknowledge his role in helping them gain promotion for 2014.